

Match Venue

Only League approved venues will be used to play Official UPSL games. The UPSL reserves the right to deny any Club from using a specific stadium if the League deems it unfit to host UPSL games. Club requesting to use a home venue must be able to meet the following criteria:

- Home stadium must seat at least 300 fans (optional for Division 1& A).
- Turf Field or Quality Grass Field (7 or better). Field dimensions should be 110-120 yards long and 70-80 yards wide. NOTE: The absolute minimum allowed is 105 yards long v 65 yards wide (105 v 63 for D1& A League). (Violation can result in forfeit, see 10.15.11)
- Facility must be accessible no later than 1 hour before kick-off and the field must be available for the teams no later than 30 minutes before kick-off.

Home Team to ensure no fans are around or behind the bench area but are on the opposite side of the field, unless the facility has stadium bleachers behind the team benches.

- Facility must have accessible bathrooms.
- The U.S. National Anthem must be played at the stadium via the facilities' sound system or a suitable speaker system, once the players and referees have walked out and lined up at center field. This is required for all Premier Division and Division 1 matches. The playing of the national anthem is optional for A League matches.
- o The international walkout is required for all divisions.

Athletic Trainer

Home Team must provide a Certified Athletic Trainer for each Premier Division and Division 1 match. Home team must also provide ice for the Certified Athletic Trainer. The trainer must be onsite and ready by the scheduled kick-off time.

USPSL Team Roster Sheet, unique for the game about to be played, presented to Referee and opposing head coach. All players, coaches must be fully registered. **Any handwritten player names are a minimum standard violation (see rule 11.7).**

- Roster presentation and player check-in must commence at **least 45 mins**. Prior to scheduled kick-off time.
- Unregistered players, coaches or club officials cannot occupy the bench area.

Game Day Rosters are limited to 20 players. Only 18 can play: 11 starters, 7 subs. **Only seven (7) substitutions are allowed during a game. Any player substituted may not re-enter.** If a player re-enters after being substituted, he/she will be considered an illegal player and the game will result in a forfeit.

Substitutes must have a filled-in (sub pass) upon entering the field and must present it to the sideline Official. **Teams are to bring at least seven (7) sub passes to the game.**

SUBSTITUTION CARD



TEAM _____

PLAYER IN _____ # _____

PLAYER OUT _____ # _____

COACH Yago Lopes _____

REFEREE _____

DATE _____ SUBSTITUTION MINUTE _____

SUBSTITUTION CARD



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